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Psychology

Higher level

Paper 1

6 May 2026

Zone A afternoon | **Zone B** afternoon | **Zone C** afternoon

2 hours

Instructions to students

- Do not turn over this examination paper until instructed to do so.
- Section A: answer all the questions.
- Section B: answer one question.
- The maximum mark for this examination paper is **[49 marks]**.

Section A

Answer **all** questions in this section. Marks will be awarded for focused answers demonstrating accurate knowledge and understanding of research.

Biological approach to understanding behaviour

1. Describe **one** research method used when investigating the relationship between the brain and behaviour, with reference to **one** relevant study. [9]

Cognitive approach to understanding behaviour

2. Describe the multi-store memory model with reference to **one** relevant study. [9]

Sociocultural approach to understanding behaviour

3. Explain **one** cultural dimension with reference to **one** relevant study. [9]

Section B

Answer **one** question in this section. Marks will be awarded for demonstration of knowledge and understanding (which requires the use of relevant psychological research), evidence of critical thinking (for example, application, analysis, synthesis, evaluation), and organization of answers.

4. Discuss genetic similarity with reference to **one or more** behaviours. [22]
 5. Discuss the influence of technologies (digital/modern) on **one or more** cognitive processes. [22]
 6. Evaluate social cognitive theory. [22]
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